

Self-injury Support

Prolonged and serious self-injury can be damaging and distressing for the individual and support staff. Without a prompt response, this can begin to impact staff wellbeing, morale and organisational culture, leading to increased pressures on recruitment and retention.

Self-injury is often a response to a person's immediate environment, their experiences and relationships. Using a trauma-informed lens, we will help you develop a bespoke approach to the individual, particularly where you feel you have reached the end of your resources.

"We are grateful that you are on this journey with us and would definitely recommend you to other practitioners."

Current self-injury support client



UNIQUE CONNECTIONS



For more information
www.uniqueconnections.org.uk
beverley@uniqueconnections.org.uk

We are a consultancy service, specialising in people with severe learning disabilities and autism with wider associated emotional health issues, including self-injury.



Beverley Samways

Director and specialist in self-injury and learning disabilities



Jenny Cavendish

Integrative Psychotherapist
with specialism in self-harm

Self-Injury Support Package

1. Rapid analysis of presenting concerns, through assessment tools, observation and consultation.

2. Development of a unique package of support, which is likely to include:

- Training in self-injury and associated concerns.
- Bespoke workshop with the team supporting the individual.
- Online reflective practice with the support team for the term.
- Regular check ins with senior management team to review progress.

Our goal is to stay on the journey until meaningful change occurs.

(Full details will be agreed with the organisation)

Research indicates that training alone can not provide the team with the means of offering effective support. We strongly recommend that organisations adopt the whole package.

